

CONTENTS LIST

1. We want everyone to receive a fun and useful box of new and unused gifts so every shoebox should contain all items in this blue box.

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|--|--|
| <input type="checkbox"/> Gloves or Scarf or Hat (new or knitted) | <input type="checkbox"/> Toothbrush & Toothpaste |
| <input type="checkbox"/> Sweets or Chocolates (88 June 2023 EU Origin) | <input type="checkbox"/> Candles & Holders* |
| <input type="checkbox"/> Soap & Flannel | <input type="checkbox"/> Small Games (Travel Size Draughts/Dominoes/Playing Cards) |

*Holder is for safety and stability

2. Then please **ADD 5 or more items** (at least one of each item) from the Red Box for a Family Shoebox **OR** from the Purple Box to make a Unisex Elderly Shoebox.

FAMILY

ELDERLY (UNISEX)

- Colouring Pods (A5)
- Crayons/Pencils (with rubber and sharpener)
- Small Toys (yo-yo, skipping rope, toy cars)
- Soft toy/teddy (with CE label)
- Tape Measure/DIY Tool
- Head Scarf (lightweight)
- Shampoo (max 300ml)
- Solar-Powered Calculator
- Safety Razors
- Hairbrush/Comb
- Other Gifts
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OR

- Reading Glasses/Magnifier
- Mug/Wooden Spoon/Cutlery
- Sensory Item (eg Lavender Bag)
- Hot Water Bottle
- Work Gloves
- Pen/Paper
- Socks/Tights (NEW)
- Wind-Up Radio/Forch
- Shampoo (max 300ml)
- Scissors/Nail Clippers
- Safety Razors
- Other Gifts
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PLEASE TRY TO REDUCE THE PACKAGING YOU PUT IN YOUR SHOEBOX

INSTRUCTIONS

1. Get an average-sized, strong, adult shoebox (around 18 x 10 x 30cm - **NOT BOOT BOXES OR OVERSIZED SHOEBOXES**).
2. Gather the items listed in the **Blue Box** plus **5 or more** items from the **Red Box** for a Family Shoebox or **5 or more** of the items from the **Purple Box** for a Unisex Elderly Shoebox. This means that there should be **lots of different items** in every shoebox.
3. Make sure you **tick the items on the Contents List opposite**, as well as whether it is a Family or Unisex Elderly shoebox.

PLEASE REMEMBER NOT TO PUT IN ANY FOOD (INC. BISCUITS), MEDICINES, BOOKS, TEA/COFFEE OR OUT OF DATE ITEMS, NO SANITARY ITEMS OR UNDERWEAR AS WE HAVE TO FOLLOW STRICT CUSTOMS REGULATIONS.

4. **Tape the lid** to the box to keep it secure and then **wrap the box** in colourful paper (not giffery paper as it is not easily recycled).
5. **Tape your completed Contents List** to the shoebox along the 3 sides marked in yellow.
6. Fold over the leaflet, and if you **pay tax** please complete and sign the Gift Aid Form.
7. Finally, please tape along the 2 marked yellow top and bottom strips, and attach 5.3 (either 3 x 5.1 coins or a 5.2 and a 5.1 coin). **ATTACH TO OUTSIDE OF BOX - NOT INSIDE.**
8. See www.linktohope.co.uk/shoebox-appeal-2022/getting-boxes-to-us for the ways to get your box(es) to us.

OR If you prefer to donate any amount towards the Shoebox Appeal so we can buy items in bulk on your behalf, then please see www.linktohope.co.uk/shoebox-appeal-2022/shoebox-contributions - Don't forget the Gift Aid!